Hello, my name is Laura Lear-Powers, RN and I am a Healing Touch Practitioner Apprentice. I facilitate a gentle, complementary, energy based approach to health and healing that can assist in bringing a body to its natural ability to heal. I do not diagnose nor treat disease and I am not a physician. Healing Touch sessions are not a substitute for diagnosis or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions. My HT services are not licensed by the state of Wisconsin. The Healing Touch Code of Ethics and Standards of Care guide my practice.

The purpose of a Healing Touch treatment is to facilitate harmony and balance in the energy system creating an optimal environment for the body’s innate tendency for healing to occur. Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to support and facilitate physical, emotional, mental and spiritual health and healing. Healing Touch is a holistic, complementary and integrative energy based therapy that is accomplished through the practitioner’s use of contact and/or non-contact touch and a heart-centered state of being.

During a session (which can vary in length averaging thirty to sixty minutes or more), I will gently place my hands on or above the person’s fully clothed body noting any sensations or imbalances to assess the energy field. I then choose Healing Touch techniques that are appropriate for your needs. This may include light physical touch or sweeping hand motion above the body. There is a high likelihood that you will experience a relaxation response during the session. A feedback discussion will follow. People have many different responses to Healing Touch. Some clients feel nothing at all. Others describe sensations of moving energy, deep relaxation, feelings of being supported and nurtured, or visions of images and colors. Some patients experience an emotional release such as tears; some have what they consider to be a spiritual experience or they may develop insight into specific areas of their lives.

Recent research studies suggest that Healing Touch is effective for physical and mental relaxation, pain management, anxiety and stress reduction, and increasing one’s sense of vitality. Clients of Healing Touch typically report experiencing the relaxation response and often report an increased sense of wellbeing and peace. Many have reported positive experiences that have helped them better cope with illnesses, medical protocols for treatment of medical conditions and depression but I can make no specific claims regarding the results you may experience from a Healing Touch session. Clients may request a list or summary of the numerous research studies done on Healing Touch since the early 1990s. Healing Touch is a noninvasive energetic technique; still being researched by traditional science, and currently has no known harmful side effects.

I am a Healing Touch Practitioner Apprentice through Healing Touch Program, an American Red Cross First Aid/CPR/AED Instructor and a Licensed Registered Nurse in the State of Wisconsin.
Confidentiality/Client Rights:

Your experiences during our sessions are confidential, and you have a right to view your files upon written request. Any discussion about the work may be used anonymously for teaching and training purposes only. Confidentiality is subject to the following exceptions:

1) You may instruct me to release information to other health care practitioners in writing.
2) I may release information if subpoenaed or otherwise legally obligated or reasonably allowed to do so (Including circumstances where there is clear and imminent danger to yourself or another person).
3) Your confidential personal file is kept in a secure location and is retained for 4 years after you suspend services after which time all information will be destroyed in a proper manner.
4) Your confidentiality is always subject to the usual exclusions dictated by state and federal laws and regulations.

ACKNOWLEDGEMENT, CONSENT, CLIENT PRIVACY RIGHTS

I have read and understand the above disclosure regarding the services offered by Laura Lear-Powers, RN. We have discussed the nature of the services to be provided including information that Healing Touch is a holistic complementary and integrative energy based therapy that is accomplished through the use of contact and/or non-contact touch. I understand that she is not a licensed physician and that her HT services are not licensed by the state of Wisconsin. I understand it is my responsibility to maintain a relationship for myself with a medical doctor, if I so desire.

I have read and understand the above disclosure regarding privacy policies and confidentiality, and that experiences during these sessions are confidential, but subject to the usual exceptions governed by laws of the State of Wisconsin and other federal laws and regulations. I hereby agree to participate as a subject in the practice and demonstration of Healing Touch sessions with the Healing Touch Practitioner Apprentice, Laura Lear-Powers, who is being mentored by a Certified Healing Touch Practitioner.

I have been informed that my Healing Touch Practitioner Apprentice will neither diagnose nor prescribe for any condition that I might have nor does she make any specific claims regarding results from the Healing Touch sessions that I receive. My questions have been answered to my satisfaction regarding my Healing Touch provider’s background, a Healing Touch session, and what I might expect from this session.

I have read this form and I understand and agree to the policies described herein. I give my consent to receive Healing Touch from Laura Lear-Powers:

Client Name Printed_______________________________________ Date_____________

Client Signature ___________________________________________ Date_____________

Parent/Legal Guardian Signature_________________________________ Date_____________

Witness ____________________________________________________ Date_____________